

OCA & FCC PRESENT:

Asian American in 2018

IDENTITY · CHALLENGES · OPPORTUNITIES

Session

Descriptions



Civics



College



Career



Identity



Film



Health

SUNDAY SEPT. 30TH 9:30-4:30

PS 124, 40 DIVISION ST., CHINATOWN NYC

ONLINE & STUDENT DISCOUNT

REGISTER NOW AT FCCNY.ORG

ALL WALK-INS WILL BE \$50



Sponsored by: Families with Children from China of Greater New York & OCAAdvocates Long Island, New Jersey, New York, & Westchester/Hudson Valley

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Civics

Raise awareness of important topics that affect you and your community. Advocate for and activate our community.

(Census) 2020 Vision for the Future

Be counted in 2020! Learn why it matters and why it's important. This is a discussion on the importance of completing the census in 2020 so that the Asian American community is accurately represented and heard, and on the controversial citizenship question. Count us in!

Amy Torres

Director of Policy & Advocacy, Chinese-American Planning Council

Elizabeth OuYang | Moderator

Census Consultant, New York Immigration Coalition

Quinn Rhi

Civic Participation Senior Associate, MinKwon Center for Community Action

Regina Lee

Co-Founder, Charles B. Wang Community Health Center

#MeToo Movement

A discussion on the effects of the #MeToo movement, its origins and what it will be going forward. What is sexual violence and how is it viewed and discussed in our communities? Learn how to be an upstander and how to push the movement.

Betty Rose Green

Manager of One Again, Womankind

The Importance of Citizenship

Citizenship matters for all immigrants and their families - whether you are an adoptive parent, an adoptee, the child of an immigrant or an immigrant yourself. In a time of shifting legal standards and increased enforcement, *ALL* immigrants to the U.S. need the security of citizenship and the documentation to prove it. Learn about critical documents every immigrant must have, how adoptive families and adoptees may be vulnerable without readoption (including FCC families), what you can do for your family, and how to help those without citizenship.

C.J. Lyford

Adoption and General Immigration attorney, Adoptee Rights Campaign

Anne & Cassandra Montgomery

Parent & Teen Advocates, Adoptee Rights Campaign

Maureen Farrell | Moderator

Board Chair, Families with Children from China Northern New Jersey



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College

Learn about college applications from admissions officers, student experiences from recent grads, and the affirmative action lawsuit.

Asian American in College

Are you a student or parent who wants to learn from current students and recent graduates about their college experiences and being Asian American? Join us to learn more and ask questions.

Danny Qiao
Cornell University 2015

Donna Poon
New York University 2014, Columbia University 2016

Maya Delany
Mount Holyoke College 2017

Rhianna Hopkins
City College of New York 2019

Lisa Gibson | Moderator
Cornell University 2014

Affirmative Action in Education

What is Affirmative Action? Where did it come from? Please join us for a frank discussion of this history of Affirmative Action, how it has evolved, and the questions that confront us now. Asian Americans occupy a unique space in the affirmative argument debate. Most recently a group of Asian students have sued Harvard over affirmative action policies that they claim discriminate against Asian-American applicants. A handful of states have banned the use of affirmative action for public universities. Is this the end of affirmative action and what does it mean for you?

Jennifer Wu
Partner, Paul, Weiss, Rifkind, Wharton & Garrison LLP

What Colleges Are Really Looking For (secrets from admissions officers)

How to Get Into the College of Your Choice 101: Come to this session to learn from, and ask questions of, admission officers. Parents and students, if you have questions about the process, how to pick a topic for your college essay, which schools to apply to, etc., here's your chance to get the inside scoop.

Byron Gittens
Northeast Regional Coordinator, University of Maryland

Jacqueline Williams
Dean of Admission, Stevens Institute of Technology

Jennifer Gales
Director of Undergraduate Admissions, Sarah Lawrence College

Katie Korhonen
Director of Global Admissions Evaluation and Strategy, New York University

Daniel Lewis | Moderator
Vice President Community Outreach, OCA Advocates Westchester/Hudson Valley Chapter



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Career

Advance your career with networking tips, a communications workshop, and wisdom from women in the workplace.

Asian American Women's Career Panel

"How to Succeed in Business as Asian American Women." Come and learn from these businesswomen on networking, professional development, and growing a business. Hear what they have to say on obstacles they've faced and overcome, and on tips for advancing in one's career.

Alice Thompson

Associate Director of Brand & Marketing, Kantar Consulting

Mei Lum

Executive Director, Wing On Wo & Co.

Susan Jin Davis

Chief Sustainability Officer, Comcast Corporation

Michelle Poh O'Malley | Moderator

Program Coordinator, Young Women's Leadership Program

Communication Skills Workshop

capped at 20 young adults (18+)

The purpose of this workshop is to help young adults improve their in-person communication skills, develop their Emotional IQ and learn to work more effectively in a team environment. In the workplace, people have different views, opinions and values. They also have different styles of working with each other. Often times, there are many ways of doing something and there is no clear right or wrong way. How well can you work with others, especially with people who are different from you?

session length: 1:20

Ying Yen

Founder & President, Our Future Leaders Inc.

Making Your Network Work for You

Our panelists, all networking experts, will teach you why networking is so important, how to do it effectively and why it's not that hard to become good at it.

Erwin Cruz

Executive Vice President, OCAAdvocates Chicago

Ti-Hua Chang

Correspondent, CBS Evening News Weekend Edition

Susan Jin Davis

Chief Sustainability Officer, Comcast Corporation

June Jee | Moderator

Vice President for Education & Culture, OCAAdvocates National



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Identity

Explore what it means to be Asian American in 2018 alongside, and intersecting, a multitude of individualities that comprise our community.

“Where Are You ‘Really’ From?” And Other Microaggressions from a Kid’s Perspective

workshop for tweens & young teens

How do you prepare to go out in the world and deal with unsolicited comments about race or being adopted? In this workshop, Amanda will use interactive activities to help identify microaggressions, strategies for dealing with them, and how to navigate our increasingly racially charged society.

Dr. Amanda Baden
Psychologist & Professor, Montclair State University

Identity Matters: The Quest for the “Authentic” Self

workshop for adults

This workshop will focus on understanding the complex intersection of race, culture, and adoption in the lives of families. Using various experiential activities along with an interactive and engaging style of discourse, Amanda will present topics including racial consciousness, privilege, adoption awareness, and the identity journey for adoptive families. This workshop will facilitate an understanding of experiences of adopted children as they navigate racial, cultural, and adoption issues throughout the lifespan.

Dr. Amanda Baden
Psychologist & Professor, Montclair State University

Identity Zine Making Workshop

Zines are self-publications composed of text, images, and collages to experience and explore self-identity. Through this workshop and interactive activity we will discover how visual art and self-identity connect with to one another. This workshop welcomes all Asian Americans and international adoptees of any age to create and produce their own Zine. All materials are provided.

Jasmine Strong
Artist, Adoption Creates

API LGBTQ Family Acceptance Workshop

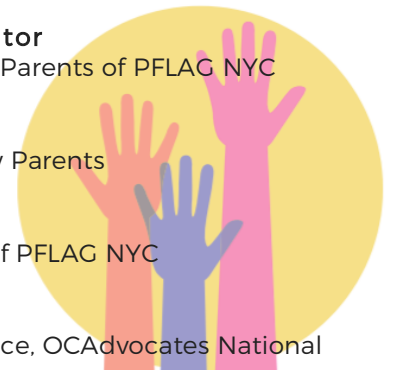
Join us for a workshop to hear Asian American and Pacific Islander parents share their experiences of confusion, guilt, fear, and uncertainty, then moving into unconditional love, acceptance, and celebration of their LGBTQ+ children. You will have an opportunity to better understand the challenges API LGBTQ individuals and families are facing in the immigrant community and how you can also become allies.

Clara Yoon | Facilitator
Founder, API Rainbow Parents of PFLAG NYC

Aruna Rao
Founder, Desi Rainbow Parents

Aya Yabe
API Rainbow Parents of PFLAG NYC

Virginia Ng
Vice President of Finance, OCA Advocates National



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Film

Watch and discuss Asian American films that inspect history and current events. Engage with young directors and their short films on adoption.

Abacus: Small Enough to Jail

documentary film length: 1:30

Abacus: Small Enough to Jail tells the incredible saga of the Chinese immigrant Sung family, owners of Abacus Federal Savings of Chinatown. Accused of mortgage fraud by Manhattan District Attorney Cyrus R. Vance, Jr., Abacus becomes the only U.S. bank to face criminal charges in the wake of the 2008 financial crisis. The indictment and subsequent trial forces the Sung family to defend themselves – and their bank’s legacy in the Chinatown community – over the course of a five-year legal battle.

Sung Sisters Q&A: Jill Sung & Vera Sung

President & Director, Abacus Federal Savings Bank

The Chinese Exclusion Act

documentary film length: 0:35

By examining the socio-economic and geo-political forces that led to the Act, the film will uncover its unmistakable and wide-ranging consequences on national attitudes towards race, culture, politics, and society. At its core, this is a film about American identity; tracing the arc of what has defined being American from the time the United States was a fledgling republic through its astronomical rise as a world superpower.

Facilitated Discussion: Jack Tchen

Inaugural Director on Ethnicity, Culture and the Modern Experience, Rutgers University, Newark.

Yuanfen animated short length: 0:04

A young orphan is guided on a journey through China to be united with her parents to be. *Yuanfen* is a Computer Graphics Animated short film directed by Amanda Sparso and produced at the School of Visual Arts. In hopes of shedding a positive light on adoption and raising more awareness for the issue, the film tells a heartwarming tale of adoption as seen through the eyes of a child.

Director’s Q&A: Amanda Sparso

Computer Graphics Artist, Aardman Nathan Love Animation Studio

And Then They Came for Us

documentary film length: 0:47

The film educates audiences about the constitutional damage done in the name of national security. Thousands of Japanese American citizens lost their homes, their businesses and their families due to war hysteria and racism. Yet the validity of these actions were upheld by the US Supreme Court in 1944, based on governmental lies that were later uncovered. The film brings history into the present, as it follows Japanese Americans speaking out against the current Muslim travel ban and other regressive immigration policies.

Facilitated Discussion: Suki Ports

Vice President, Japanese American Association of New York

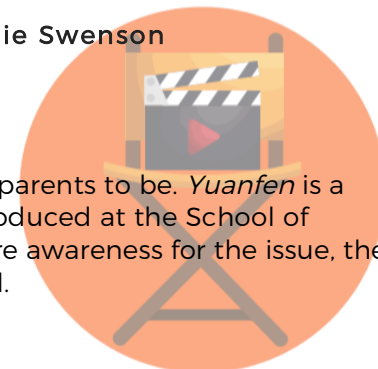
Your Daughter

short film length: 0:03

Your Daughter was filmed in 2015, and continues to spark conversation about life as an adopted child. Written, filmed and edited in less than a week, as part of NYU’s summer high school program, *Your Daughter* is a letter of confusion, longing and love from a Chinese adoptee to her birthmother.

Director’s Q&A: Annie Swenson

Student, NYU



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Health

Find your balance in a wellness workshop, and/or digest some info on mental health issues impacting Asian Americans.

Meditation

Spend 30 minutes to look within, with meditation. You will find peace when your mind is separated from the outside world. When there is peace inside, there will also be peace outside.

Chung-Hing Sin

Instructor, United East Athletics Association

Adult Yoga

Tween/Teen Yoga

2 separate sessions

This is an introduction to yoga philosophy, where basic yoga poses and breathing techniques are used to create a foundation for good alignment and form.

The class will be taught by a certified yoga instructor, and in both Chinese and English; please bring your own mat and wear athletic clothing for your comfort.

Janna Sin

Instructor, United East Athletics Association

Recognizing Anxiety & Depression in Your Teen

Learn what signs to look for in recognizing anxiety, depression, suicidal tendencies and other mental ailments in teens. Find out ways in which parents should deal with these issues once they arise and the resources families can turn to for help.

Chinese American Family Alliance for Mental Health

Under Pressure: Dealing with Stress in Life & School

Ranting and raving all the time? Learn techniques to help manage stressful situations at school and outside. Hear from experts and peers from the Teen Resource Center who can help you find your cool next time you're in a pickle.

Charles B. Wang Community Health Center:
Teen Resource Center

